

Eastwood and District U3A

February 2016, Issue 20



THE UNIVERSITY OF THE THIRD AGE

Registered Charity No. 1164636



The Bird Watching group enjoyed a Christmas meal at the Brinsley Lodge after their visit to Brinsleyhead stocks.

Members enjoyed a talk by Barry Davis, a retired schoolteacher. He told of his experiences with 'Saints and Sinners in the classroom.' Barry began by outlining how changes in his childhood led to him become a teacher, not his original planned career. Members were interested to hear his various stories about his time with certain students in the classroom.



Message from the Chairman

January has never been my favorite month. I have always thought that we, like bears, should just hibernate until it's over! Thankfully this month we can get back into the swing of things, to enjoy all the activities on offer – or those we are able to fit in. There are 30 to choose from, with new interest groups starting all the time.

Your committee has adopted Health & Wellbeing as an umbrella philosophy for 2016. Many of our interests and activities already embrace this in one form or another – from the benefits of walking, to the company of friends at Coffee Mates. Hopefully we can go further still.

We are contacting local universities and libraries to find joint projects in health issues relevant to our age.

We have also discussed the possibility of organising a one-day workshop later in the year to showcase activities that promote health and wellbeing.

We do, however, need you to work with us to bring ideas, skills and enthusiasm, and share them. We are hoping to form a small working party to work out a plan of action, decide what areas to investigate and how to achieve success.

If you would like any further information please talk to me or any of the committee members. Let 2016 be the year for us to make a difference!

How Do They Do It Group 2

Have recently had a very enjoyable and informative tour of the British Geological Survey Group based at Keyworth. They were given a complete history of the group and a comprehensive insight as to all the work they carry out. The tour guide made them all "feel at home" They were shown core samples of holes drilled all over the British Isles and from places such as the Arctic Circle. The tour lasted over 2 hours but was so interesting that the time seemed to fly by. They would recommend the tour to anyone.

There will be a variety of U3A merchandise available to buy at the main monthly meetings. Items like key rings, lanyards, pens and pencils, prices from just over £1.

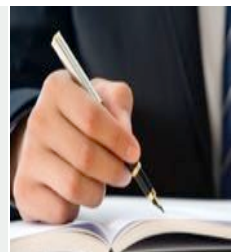
Dates for the Diary:

Meetings are held on the first Wednesday of the Month at Plumpton Hall, St. Mary's Church, Eastwood.

Wed February 3rd at 10 a.m. – Peter Graves " Embarrassing cases of mistaken identity."

Wed March 2nd at 10 a.m. – Dave Goodwin "Work of the RSPB."

Wed April 6th at 10 a.m. – Bob Wildgust "Theatre Life in Nottingham"



Featured New Interest Groups

Now that the new directory has been issued the newsletter will only feature details of new groups and items of news about activities.

Latest up-to-date information at: www.eastwoodu3a.org

New Groups starting or started:

1. Board Games – Barbara Wigley 01773 762383 - 2nd & 4th Wed, 7.00 p.m. at the New Inn. Next meet on 13th January 2016.
2. Jazz Appreciation – Margaret Palfreyman-Biddulph Tel: 01773 787987.
3. Long Alley Skittles – Meeting 1st & 3rd Wednesdays at 6.00 to 8.00 p.m. at the New Inn, Newthorpe. Contact Ken Pinder 01773 712934.

New groups for 2016 . Geology, Pub Pals and Nature Conservation.

If you have ideas for other groups or need further info contact Lorna or Jim Stirland on 07977 415 072.

Group News:

5 mile Walkers: next walk Tuesday 2nd February. Meet 10 am at the top right hand corner Morrison's Car Park to go on to walk at Brinsley Headstocks. Contact Roger Reynolds on 01773 788169.

How do they do it- Group 2? Now to be called Past & Present: next visit 12th February visit Rolls Royce Heritage Centre, Derby. On April 28th a visit to BBC Radio Nottingham studios. Contact David & Joanna to book a place on 01773 570346 or email davidandjoannakeeling@sky.com

Coffee Mates: next meeting 17th February, 11a.m. at The Coffee Lounge, Kimberley. Ring Andrea for more details.

Bird Watching next meeting: 18th February, at Shipley Park. Meet 10.30 at the visitors centre car park. Contact Barbara Wigley 01773 762383.

Pub Pals: meetings on the 3rd Monday of each month, 7pm. Contact Yvonne Carey 01773 712530.

Social Outings

- *Friday 11th March - Palace Theatre in Mansfield to see a comedy play called Stepping Out. A meal at the restaurant next door called 'And Why Not?' before the show. The cost for the bus, meal and theatre is £34. Meet at Morrisons' bus stop 4.30pm, the meal is booked for 5.30pm. Money will be collected at February main meeting.*
- *March 19th-20th – Imperial War Museum & Bletchley Park with Skills, cost £99. Balance to be collected at February main meeting.*
- *April 28th – Haddon Hall and Arkwright's Masson Mill. This will include a short film, tour of the museum and riverbank. Then on to Haddon Hall. Full cost will be £20, please give name to Sandra or Joan.*
More info at Main Meeting or from Joan Morley on 0115 938 3042 or Jill Parnaby on 01773 765 735

Membership Subscriptions - due by 1st April

We will be collecting membership subscriptions at the February and March monthly meeting.

If you don't come to the meetings, perhaps you know someone who does, who would be happy to pass your payment to us. Put your **renewal form** and cheque, only, (for £20 payable to Eastwood & District U3A) in an envelope addressed to the Treasurer, E&D U3A.

Gift Aid

We can claim gift aid for all members living in the same house, even if only one person is a taxpayer.

The taxpayer needs to complete a Gift Aid form and also the joint renewal form. The taxpayer must also pay the total subscription for the household. We can then claim tax back on the full amount.

NB. The taxpayer must have paid more tax than the total of the gift aid claim (25% of the membership subscriptions).

Renewal forms and Gift Aid forms will be available on the sign in desk at the monthly meeting and are always available on the website www.eastwoodu3a.org/forms.

Computer Workshop (drop-in)

Do you have a computer, tablet or laptop? Are there things you would like to know how to do but haven't the confidence to try? Drop in at The Sun Inn on the 1st Thursday of the month between 2-4 pm and we'll try to help you.

We don't 'fix' computers; we can't tell you why it's running slower or why something doesn't work but if you want to learn how to do something we'll try to help.

Please bring your laptop/tablet - fully charged!

Recommendation this month from the Wine Group: Zilzie Shiraz/Viognier with dark fruit flavours and a long finish. A steal at £4.75 from Asda. Can your group pass on a recommendation from what you've been doing for example a visit, a book a gardening tip? Let the Newsletter team know.

Items or suggestions for the newsletter? Deadline: Mon 15th February, 2016.
Want to help make the web-site for Eastwood U3A?
Contact Philip Hartley: newsletter@eastwoodu3a.org

**Contact Janet O'Neill, Membership Secretary, 07 961 832 864, membership@eastwoodu3a.org
Executive Committee members: EastwoodU3A@gmail.com; Website: www.EastwoodU3A.org**