



The Creative Writing Group started in May and meet on the second Monday of the month at Eastwood Library from 2pm-4pm.

We have been working on creating credible characters by the way we describe them, what they say and how they behave. We do activities during the session to help us to continue our writing at home.

We discuss our work and give each other constructive feedback, which will hopefully lead to improvements.

Some of our group have written before, others are complete novices.

We aim to make our sessions fun and have a slot to discuss; books, films, theatre productions and television programmes.

The photograph shows the group working on their characters experiencing a particular emotion. They are deciding how they could best demonstrate this in a convincing way. Don't they look deep in thought!

We are not always that serious. If you want to unleash the writer in you do come along and join us. *Chris Niven*

Message from the Chairman

Did you manage to get around all the group tables at the members' meeting last month?

I found the variety of displays really interesting, from geology rocks to fish and chip vests; board games to radio waves; ukulele groups to walking groups; vegetables to wine; and all interests in between. We really do have a wide variety of groups to meet so many interests. But have we reached saturation point yet? I don't think so! Who wants to converse in German, or learn how to play Canasta? What about Walking Football? These are just a few of the suggestions made recently. All it needs is a group contact and a few people who share an interest - and a few extra days in the month for those of us who want to try EVERYTHING!

The Editor of the U3A *Sources* magazine has asked U3A interest groups to contribute pictures for use in the magazine. She is looking for shots that will illustrate the various topics the *Sources* magazine is covering in forthcoming issues: **February 2017:** Archaeology and local history; **June 2017:** Food and drink appreciation and antiques; **September 2017:** Creative writing – running a group. For more information you need to email sources@u3a.org.uk

October Monthly meeting: Refreshments Rota:- Cath Gascoyne, Del Hickingbottom, Barbara Hingle.

Meet & Greeters Rota:- Yvonne Carey, Marion Chisholme, Robert Leam.

If you are unable to attend ring the contact Carol Leam on 01773 762823.

Wine group recommendation A really superb South African Shiraz (as against Syrah). A big spicy, blackberry nose, which carries through to a big mouthful with a hint of chocolate and a very satisfying finish. Brilliant for £7 from Tesco. *John Slater*



Christmas Lunch



Three Ponds, Kimberley Road, Nuthall
Wednesday 14th or Thursday 15th December
£15.99 for 2 courses / £17.99 for 3 courses
Book your meal at the open meeting in October
(Menu choice and full payment required)

Menu choices can be seen on the web site under
STOP PRESS.

Dates for the Diary: Meetings are held on the first Wednesday of the Month at St. Mary's Church, Church Street, Eastwood.

Wed Oct 5th at 10 am -

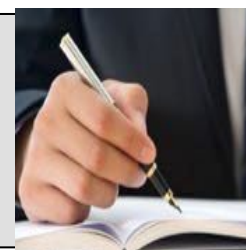
David Amos

Wed Nov 2nd at 10 am -

Bob Gow – Court in session.

Wed Dec 7th at 10 am -

Christmas Party.



Featured New Interest Groups

Now that the directory has been issued the newsletter will only feature details of new groups and items of news about activities. Latest up-to-date information at: www.eastwoodu3a.org

New Groups for 2016:

Radio Waves: Contact Ray Dring 01773 770 138

Creative writing meet on the 2nd Monday of each month in Eastwood Library at 2.00 pm. Contact: Chris Niven 07891 032 300.

Discovering Nottingham: Contact Barbara Wigley 01773 762 383

Theatre Group: Contact Val Simons 01773 710 518. Meet 1st Thursday at Dunn Lite at 2 p.m.

If you have ideas for other groups or need further info contact Lorna or Jim Stirland tel. 07977 415 072.

Group News:

Bowls: Contact John Stanger on 01773 787 183 From 23rd Sept meet at the Indoor Bowls Centre, Beechdale at 12.30.

5 mile Walkers: next walk Tues 4th October. Meet 10 am top right of Morrisons car park then on to Jacksdale Garden Centre. Contact Roger Reynolds on 01773 788 169.

Pub Pals: next meet on Mon 17th October at The Crown Inn, Heanor. For further details call group contact Yvonne Carey.

Coffee Mates: next meet on Wed 19th October at the Horse & Groom, Moorgreen. Please contact Andrea if you want more info.

Bird Watching: meet 20th Oct at Langford Lowfields.

Strollers: next walk Wed 26th Oct at Highfields Park, Nottingham University. Meet at D H Lawrence Café near the south entrance car park. Further info contact Val.

General gardening: next meet 2 pm on 27th October at Derby Garden Centre for Christmas displays. Please note date a week later than usual.

Vegetable Gardening: October meeting cancelled.

Social Outings

- **October 11th** – Visit to Castle Howard in Yorkshire. Coach leaves the bus stop at Morrisons at 9 am. Cost £28 for bus, house & gardens..
- **November 18th** – We are planning an evening at Colwick Greyhound Stadium. Full cost of £22 must be paid on booking, this includes admission, a race card, reserved seating for the evening, a 3-course meal, tea & coffee. Transport will be extra; depending on numbers we could have a coach or car share.
- **December 7th to Thursford Christmas Extravaganza & free time in Norwich.** A 3 day/2 night visit, staying at Yarmouth Prom Hotel, cost £199. Joan will require full payment for this trip by the November monthly meeting at the latest.

More info at Main Meeting or from Joan Morley on 0115 938 3042 or Jill Parnaby on 01773 765 735



Theatre Group

On Monday 12th September members of the Theatre Group went to see 'Sleuth', a play at Nottingham Playhouse. It was a fantastic evening.

The play is a tale of jealousy, humiliation and revenge with lots of twists and turns keeping you on the edge of your seat. The acting was wonderful and the stage settings quite ingenious making this clever play a true delight. Highly recommended. Val Simons



The General Garden group paid a return visit to Felley Priory for August. The herbaceous borders were as beautiful as ever, as was the weather. The plant sales did well! They enjoyed a drink and cake in the garden by the tearooms, and all had a good time. Hazel Eyre.



The Strollers group had a lovely walk along side part of the old Cromford Canal from Jacksdale Community Hall to Codnor Reservoir. This is a lovely area to see a variety of water birds. There is also a footpath around the reservoir.

The Bridge Group are starting a Beginners table so now would be a good time to join if you are interested in learning the game.

Items or suggestions for the newsletter? Deadline: Mon 17th October, 2016. Contact Caroline Winfield: newsletter@eastwoodu3a.org

Contact Janet O'Neill, Membership Secretary, 07961 832 864, or email membership@eastwoodu3a.org
Executive Committee members: EastwoodU3A@gmail.com; Website: www.EastwoodU3A.org